

TAKE A MOMENT TO CHECK IN: 4 SIMPLE QUESTIONS THAT MATTER

Monitoring changes in Parkinson's disease is essential. This quick self-assessment can help you or your loved one understand what you may be experiencing. Answer these 4 questions and share your responses with your doctor to ensure you're staying on top of your care. If you are responding for your loved one, answer the questions from their perspective.

COMPLETE THIS SCREENER AND BRING IT WITH YOU TO YOUR NEXT APPOINTMENT

Question 1: In the past month, have you misinterpreted something that you saw or heard; for example, thought a lamp was a person?

Yes.

No.

Not now, but I have experienced this before

Question 2: In the past month, have you sensed that someone or something was around you, but nothing was actually there?

Yes.

No.

Not now, but I have experienced this before

Question 3: In the past month, have you ___seen, ___heard, ___smelled, or ___physically felt things that you or other people around you did not think were real?

Yes.

No.

Not now, but I have experienced this before

Question 4: In the past month, have you had thoughts or believed things that others did not think or believe to be true; for example, someone was cheating or harming you, or being unfaithful to you?

Yes.

No.

Not now, but I have experienced this before

Who completed this? ___ Patient in person ___ Caregiver in person ___ Patient via telemedicine ___ Caregiver via telemedicine